

November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Have your child find things that begin with the letter "T." <i>Go for a bike or scooter ride.</i></p> 	<p>Talk with your child about what you are going to do today and as you go through the day, ask your child what comes next. <i>Have your child practice jumping rope.</i></p>	<p>Have your child draw a picture or write a note to a family member about something for which he/ she is thankful. <i>Have your child gallop like a horse to the restroom and the kitchen</i></p>	<p>Have your child use the pictures in a book to tell or retell a story in his/her own words. <i>Have your child pretend to waddle like a duck or leap like a frog across the room</i></p> 	<p>Go for a drive around your city with your child. Point out the types of buildings you see in the community. (hospitals, restaurants, apartments, fire houses, post offices, etc) <i>Play "Simon Says" with your child.</i></p>	<p>Make a new food/recipe together and encourage your child to try it. <i>Play hopscotch with your child today.</i></p>	<p>Put on some music and have a family dance party with your child and other family members.</p>
<p>Have your child invite a friend over to play. <i>Sing "Head, Shoulders, Knees and Toes with your child."</i></p>	<p>Brown week, look for things that are brown this week. <i>Set up targets and have your child hop from place to place on the floor.</i></p>	<p>Help your child draw a picture of your family members. <i>Create a low balance beam and have your child walk across it.</i></p>	<p>Together look for things that are similar but different (red apples, green apples, golden apples.) <i>Go for a family Jog around the block.</i></p>	<p>Have your child tell you about the different jobs of the community helpers (doctors, firefighters, mail carriers, etc.) <i>Then go for a walk around your community to see which community helpers you can spot.</i></p>	<p>Ask your child to help set the table and count the items. (cups, plates, silverware, napkins, etc.) <i>Play jumprope with your child.</i></p>	<p>Read a book with your child or walk to visit a local library.</p>
<p>Go outside and play hopscotch with your child. Invite other family members to play.</p>	<p>Have your child find things that begin with the letter "B." <i>Take a walk around the neighborhood with your child.</i></p>	<p>Play a game that requires 2 or more people. Practice taking turns. <i>Have your child practice dribbling a basketball.</i></p> 	<p>Make a chart together to record the weather each day of next month. <i>Have your child practice balancing on one foot.</i></p>	<p>Ask your child "What if" questions while playing or reading a story. <i>Set up targets and have your child hop from place to place on the floor.</i></p>	<p>Have your child count how many pairs of shoes each family member has. Then help them make a chart to compare numbers.</p>	<p>Have a family exercise session with your child and other family members at a local park.</p>
<p>Take your child with you to the grocery store and have them pick out the fruits and veggies they would like for the week.</p>	<p>Ask your child to make a potential guest list of family members they would like to come to Thanksgiving dinner.</p>	<p>Go for a drive with your child and point out the different modes of transportation you see (bikes, skates, motorcycles, trains, planes, buses, etc.) <i>Play "Simon Says" with your child.</i></p>	<p>Take your child to the grocery store and have him/her help pick items for Thanksgiving. <i>Play hopscotch with your child today.</i></p>	<p>Have your child make a picture or decoration for Thanksgiving. <i>Turn up the music and dance as a family.</i></p>	<p>Have your child find things that begin with the letter "X." <i>Create a low balance beam and have your child walk across it.</i></p>	<p>Play "Simon Says" with your child and give them quantities with each task. "Simon says hop 6 times."</p>
<p>Talk to your child about recycling and how it helps our planet. Then start recycling as a family and have your child sort all recyclables. <i>Go for a bike or scooter ride.</i></p>	<p>Have your child lie on his/her stomach as you look at books together. <i>Go for a bike or scooter ride.</i></p> 					